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CARNEROS RUN



BENEFITING THE CARNEROS VOLUNTEER FIRE DEPARTMENT

SATURDAY MARCH 20TH

Join us for the Annual Carneros 5K or 10K Run/Walk through the vineyards, followed by a Pancake Breakfast, Raffle and Wine Taste.

TIME 8AM start. Parking is limited, consider carpooling and early arrival. Please note, last shuttle to run location leaves parking area at 7:30am.

LOCATION Artesa Winery 1345 Henry Road, Napa, CA

REGISTER at www.Active.com or www.TheSchedule.com or www.RunnersWorld.com until March 14, 2010 or at **The Napa Running Company** (942 Main St.) until the day before the event.

FEE \$35 by March 1/ \$40 thereafter. Fee includes run registration, t-shirt, wine glass and taste, 1 raffle ticket and pancake breakfast.

RAFFLE \$1/1 ticket or \$5/6 tickets. A raffle drawing with many exciting prizes will follow the run.

SILENT AUCTION Be ready to bid on a variety of auction items!

INFORMATION Call 707-265-6043 or Visit www.CarnerosFire.org

A special thank you to Artesa Winery



Carneros Vineyard Run/Walk 2010 Registration

Name _____

Address _____

Phone _____ Email _____

MALE FEMALE (circle one) Age on race day _____

Run/Walk (circle one) 5K 10K

Raffle Tickets \$1/1 Ticket \$5/6 Tickets

Would you like Breakfast? (included) YES NO

T-Shirt Size (circle one) S M L XL

Pets This is a pet-free event, guide dogs excluded.

Race Fee	\$ 35 _____
Late Fee	\$ _____
<i>(additional \$5 after March 1, 2010)</i>	
Raffle Tickets	\$ _____
TOTAL	\$ _____

Notice: This Entry and release form is a contract with legal consequences. Read it carefully before signing.

This entry and release form is a contract with legal consequences. Read it carefully before signing. I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also assume any and all other risks associated with running this event including, but not limited to, falls, contact with other participants, the effects of the weather, and the conditions of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry, I hereby, for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and unconditionally waive and release and discharge the race officials, volunteers and any and all sponsors including any and all claims or liability of death, personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of, my participating in this event.

Signature _____

Parent or Guardian Signature (if under 18 years of age)

Date _____

Please make checks payable to:
Carneros Volunteer Fire Department

Mail This Entry Form to:
Carneros Vineyard Run
P.O. Box 8050
Napa, CA 94559